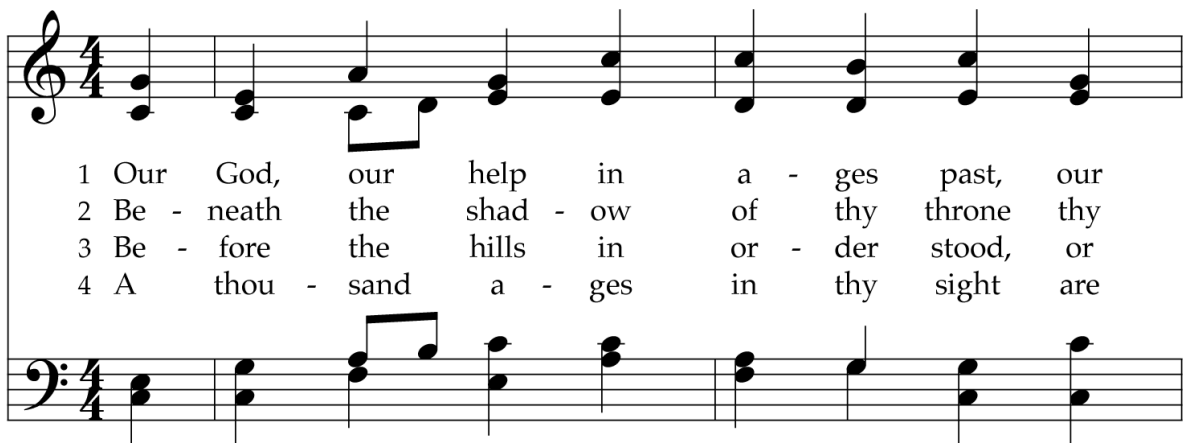


# 687 Our God, Our Help in Ages Past

(Psalm 90)



1 Our God, our help in a - ges past, our  
2 Be - neath the shad - ow of thy throne thy  
3 Be - fore the hills in or - der stood, or  
4 A thou - sand a - ges in thy sight are



hope for years to come, our shel - ter from the  
saints have dwelt se - cure; suf - fi - cient is thine  
earth re - ceived its frame, from ev - er - last - ing  
like an eve - ning gone, short as the watch that



storm - y blast, and our e - ter - nal home:  
arm a - lone, and our de - fense is sure.  
thou art God, to end - less years the same.  
ends the night be - fore the ris - ing sun.

5 Time, like an ever rolling stream,  
bears all our years away;  
they fly forgotten, as a dream  
dies at the opening day.

6 Our God, our help in ages past,  
our hope for years to come,  
be thou our guard while life shall last,  
and our eternal home.